## **Whitwell Primary School**

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Head Teacher: Mrs L Duncan Deputy Head: Mrs S Tomlinson

## **Y6 Swimming Data 2019-2020**

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	97%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	97%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	100%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	<b>No</b> (planned to but didn't due to COVID19 closures)

Please refer to page two of this document for assessment criteria.

What do I report on?	What should pupils know and do	Pool activities	Classroom activities
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	Water Safety message:  Stop and Think  Stay together  Float  Call 999  Children should know the dangers of water locally and nationally.  Learn how and why to use appropriate survival and self-rescue skills if they fall in by accident, or get into difficulty and knowing what to do if others get into trouble.	<ul> <li>Fall in – surface – float</li> <li>Tread water</li> <li>Survival stroke on front</li> <li>Rotate on to back rest – swim</li> <li>Exit pool from side</li> <li>Shout and signal rescue – know how to get help</li> <li>HELP position</li> <li>HUDDLE position</li> </ul>	Know the dangers on and under water     Effect(s) of cold water (for example - cold water shock)     Beach safety (lifeguard, flags, rip currents, waves etc.)     Shout and signal rescue     Throw rescue     Reach rescue
What percentage of your current Year 6 cohort use a range of strokes effectively?  For example: Front crawl, Backstroke and Breaststroke	Children should be able to use a range of strokes, alternating on their front and back, and adapt them for a range of purposes. Swimming strokes do not have to be technically correct, but they need to be effective for the intended outcomes to be successfully achieved.	<ul> <li>Swim 15 metres using a range of strokes.</li> <li>Treading water using a breaststroke type leg action and sculling with hands.</li> </ul>	Changing of strokes fluently, no stopping.     Head above water, body relaxed hands under water using a continuous sculling action.
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	<ul> <li>A continuous swim of more than 25 metres, without touching the side of the pool or pool floor. Part of the swim should be completed in deep water</li> <li>Strokes are as strong at the end of the swim as at the start</li> <li>Strokes are recognisable to an informed onlooker</li> </ul>	<ul> <li>Swim a circuit around the pool.</li> <li>Swim 35 meters along the length and across the width.</li> <li>25 metre relay races.</li> <li>Perform a two-length circuit incorporating other skills.</li> </ul>	Continuous swim.     Pupils choose stroke, start in water.     Changing skills to stroke must be fluent, pupils competent so they are relaxed.     Swim must be of at least 25 metres.